

Your child is naturally curious. Right from birth, they are wondering and exploring.

They are watching and listening. Moving and feeling. The daily interactions and experiences you share with your children is how they learn about the world around them. These interactions involve play.

Play is a powerful and important activity. It has a natural and positive influence on children's social, physical, emotional and cognitive development. The best learning happens when children play. It is important to let your children play every day.

Children will find many things to play with inside and outside the home, and in parks and playgrounds. Being with your child and seeing what they are doing will give you ideas about the things they like to play with. All you need is imagination!

Whether it is playing dress ups, constructing grand designs with building blocks, singing songs, telling stories, playing with containers or having fun outside with sand and water – play can be built into everyday routines and activities. Let your children see you having fun!

Public schools are fantastic places for children to learn through play. A play-based learning environment encourages talking, reading, thinking and writing. Through this, your child sees literacy and numeracy as part of their everyday experience.

Play along with them and you will be amazed at what you can learn together!

Discover more about the types of play-based learning and how you can [incorporate play at home](#)¹.